



Demystifying the Science Behind Psychiatric Medications: Understanding Their Mechanisms of Action and Managing Side Effects in African Americans



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and

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COURSE DESCRIPTION:

This course provides an accessible and informative overview of psychiatric medications commonly used for conditions such as depression, anxiety, schizophrenia, and bipolar disorder. Participants will understand how these medications work in the brain (mechanisms of action), explore potential side effects, and learn about considerations specific to African American patients.

TARGET AUDIENCE:

Community-Based Organizations and ACBH contracted Mental Health and Substance Use Disorder Provider staff.

MEASURABLE LEARNING OBJECTIVES:

- Explain the impact of three (3) cultural factors on medication adherence and effectiveness.
- Identify two (2) mechanisms of action of various psychotropic medications.
- List two (2) potential side effects associated with different classes of psychotropic medications in African Americans.
- Identify two (2) medication choices and management strategies for specific patients' groups.

ABOUT THE PRESENTERS

Dr. Love attended medical school, at the University of California, San Francisco (UCSF) and then completed seven years of residency in both family practice (Board Certified/Board Eligible) and psychiatry (Board Certified) at UCSF. Currently, Dr. Love is Medical Director for Tulare County, California and Core Faculty for the psychiatry and family medicine residency programs in the Kaweah Delta Health Care District, University of California, Irvine affiliate.

Shadi Doroudgar, PharmD is the Assistant Dean of Enrollment Management and an Associate Professor of Clinical Sciences at Touro University California College of Pharmacy. As a clinical faculty member, she teaches pharmacy students in the classroom setting during the didactic years as well as during experiential rotations at Pathways to Wellness Clinics. There she has been providing care to patients with moderate to severe mental illness under a collaborative practice agreement since 2016.

**FRIDAY,
 APRIL 19, 2024**

9:00AM - 1:30PM

3.5 HOURS CE CREDIT

(One 10-min break & 30-min lunch will not be counted toward CE time awarded)

To complete an ACBH sponsored virtual training, attendees must achieve a score of at least 70% on the post-test

Register FREE via Eventbrite

REGISTER HERE

Zoom Link will be sent after registration

If you have a reasonable accommodation request, or grievance regarding an AATA training, please email at: customerservice@pathwaystowellness.net

**For assistance with registration & other inquiries: aata@pathwaystowellness.net
<https://aata.pathwaystowellness.net/>**