

# African American Mental Health Training and Technical Assistance Program



# Maternal Mental Health and Infant Disparities Among African American Women



Friday
September 23, 2022
9:00am - 01:30pm
4.0 Hours CE Credit

(One 10-min break & 30-min lunch will not be counted toward CE time awarded)

To complete an ACBH sponsored virtual training, attendees must achieve a score of at least 70% on the post-test

Register FREE via Eventbrite

## REGISTER HERE

(Zoom Link will be sent after registration)

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# **Description:**

This course will focus on the sociological factors, social determinants and biological factors that can affect mental and maternal health as well as birthing outcomes for Black birthing people.

**Target Audience:** Community-Based Organizations and ACBH contracted Mental Health and Substance Use Disorder Provider staff.

## **Measurable Learning Objectives:**

- Learn and review four ways to treat insomnia, depression, and anxiety during pregnancy
- Explore three ways to assess mental well-being among pregnant patients using screening tools
- List two telephonic and internet resources for clinicians, patients and families
- Identify four social determinants of mental health for Black birthing peoples

#### **About the Presenter:**

Karinn Glover, MD, MPH, Assistant Professor of Psychiatry and Behavioral Sciences at Albert Einstein College of Medicine and Attending, Adult Outpatient Psychiatry Division, Montefiore Hospital, Bronx NY. Currently Assistant Professor of Psychiatry at the Albert Einstein College of Medicine, Dr. Glover teaches psychopharmacology and aspects of psychotherapy to Psychiatry and Family Medicine residents. Her decade-plus experience as a psychiatrist and leader in the primary care division at Montefiore Health System has informed her approach to health equity, Diversity, Equity, Inclusion and Belonging (DEI+B), and the styles of leadership that produce organizational success.

Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for 4.0 hours of CE credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0622; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; and for Psychologists as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.