

# African American Mental Health Training and Technical Assistance Program

## When One Plus One Equals Three: The Illusion (Chimerism) of Co-Occurring Disorders



**Lester Love, MD**

**Friday**

**June 23, 2023**

**9:00am - 1:30pm**

**3.5 Hours CE Credit**

(One 10-min break & 30-min lunch  
will not be counted  
toward CE time awarded)

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### Course Description:

This course will provide an evidence-based update on the diagnosis and treatment for patients with co-occurring substance use disorders (SUD) and mental health disorders, with a focus on both pharmacological and non-pharmacological interventions, and the role played by systemic racism in this endeavor.

**Target Audience:** Community-Based Organizations and ACBH contracted Mental Health and Substance Use Disorder Provider staff.

### Measurable Learning Objectives:

- Define the term co-occurring disorders and distinguish them from substance-induced psychiatric disorders.
- Identify two statistics on the prevalence of co-occurring disorders; and five characteristics that make diagnosis and treatment of these disorders essential.
- Define and describe three distinctive benefits of Medications for Addiction Treatment (MAT).
- List two key clinical aspects of medication management for co-occurring treatments.
- Describe two advantages and disadvantages of single-modality treatments versus multi-modality treatments and distinguish between sequential, parallel, and co-occurring treatments.

### About the Presenter:

Lester E. Love, MD was born and raised in Chicago, Illinois. He attended undergraduate at The University of Chicago where he was a molecular and theoretical biology major. Dr. Love attended medical school, at the University of California, San Francisco (UCSF) and then completed seven years of residency in both family practice and psychiatry at UCSF. Currently, Dr. Love is Medical Director for Tulare County, California and Core Faculty for the psychiatry and family practice residency programs in the Kaweah Delta Health Care District, University of California, Irvine affiliate. He also serves as the Medical Lead for our AATA Program. Dr. Love is keenly aware of the behavioral health needs of Alameda County as he worked in both the Oakland Pathways to Wellness Clinic and for Life Long Medical Downtown Oakland.

Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for 3.5 hours of CE credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0624; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.