

African American Mental Health Training and Technical Assistance Program



Addressing the DATA: Diagnostic, Assessment and Treatment Approaches in Caring for African Americans Experiencing Emotional Race-Based Injustices

OFFERED VIA ZOOM & IN-PERSON Limited seating with requirements due to Covid. Registration is required for in-person!



**Josepha Campinha-Bacote, BS.,
MS., MA., PhD**

**Friday, May 20, 2022
9:00am - 1:30pm**

3.5 Hours CE Credit

(One 15-min break and 30 minutes
lunch will not be counted
toward CE time awarded)

To complete an ACBH sponsored
virtual training, attendees must
achieve a score of at least 70% on
the post-test

Register FREE via Eventbrite

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VIRTUAL: Zoom Link will be sent after
registration

OR

IN-PERSON: Executive Inn & Suites
1755 Embarcadero
Oakland, CA 94606

If you have a reasonable accommodation
request, or grievance regarding an AATA
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Description:

Race-based injustices not only effect the physical well-being of African Americans, resulting in health inequities; it also effects the mental health status of African Americans and their wider communities, resulting in behavioral inequities. This presentation will explore the emotional race-based injustices of racial trauma, types of race-based traumatic stresses, racial battle fatigue, racial imposter syndrome and post traumatic slave syndrome. Diagnostic, assessment, and treatment approaches will be presented to address these emotional race-based injustices.

Target Audience: Staff of Alameda County Behavioral Health, and Mental Health and SUD provider staff from *contracted* Community-Based Organizations (CBOs).

Measurable Learning Objectives:

- Explain one way that implicit impacts the mental health of African Americans experiencing emotional race-based injustices.
- Define emotional race-based injustices.
- List three types of race-based traumas.
- Identify two diagnostic issues in caring for African Americans experiencing emotional race-based injustices.
- Identify three assessment tools used in caring for African Americans experiencing emotional race-based injustices.
- Identify three treatment options in caring for African Americans experiencing emotional race-based injustices.

About the Presenter:

Dr. Campinha-Bacote is President of Transcultural C.A.R.E. Associates, and provides clinical, administrative, research, and educational services related to transcultural health care and mental health issues. She received her PhD from the University of Virginia. She has been the recipient of several national and international honors and awards, including the Ethnic/Racial Minority Fellowship Award from the National Institute of Mental Health, the Lifetime Achievement Diversity Award from the University of Rhode Island, the Minority Health Knowledge Award from the Ohio Commission on Minority Health, and the University of Virginia Alumni Award. She maintains several adjunct professor positions as well as has served on the National Advisory Committee to the United States Department of Health & Human Services Office of Minority Health to develop standards for CLAS in Health Care.

Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for 3.5 hours of CE credit for LMFTs, LCSWs, LPCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0622; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; and for Psychologists as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.