

## African American Mental Health Training PATHWAYS TO WELLNESS and Technical Assistance Program



## **Agenda** Trauma, Stress, Social Justice, PTSD

October 23, 2020 9:00am to 4:00pm Karriem Salaam, MD and Delane Casiano, MD

## \*Completion of Pre-Survey

9:00am- Welcome and Instructions Regarding CEU's

**Introduction of speakers:** Dr. Casiano and Dr. Salaam

9:15am - Wellness/Trauma/PTSD/ACEs

**10:30am** - Break (10mins)

10:40am - Race-Based Traumatic Stress (RBTS)/Covid-19

**12:30pm** - Lunch

1:00pm – History of Racial Injustice in the U.S.

**2:30pm**- Break (10 mins)

2:40pm- Racism and its Effects on Life Domains and Anti-Racism

4:00pm- Closing remarks and completion of training requirements

\*Completion of CE Evaluation and Post-Survey



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