



African American
Training and
Technical Assistance
Program

Friday February 22, 2019



SAVE THE DATES 2019 CALENDAR EVENTS

Join us for a series of trainings

Tuesday March 26th, 2019

With Dr. Josepha Campinha-Bacote

Cultural Skill: A component of Cultural Competence in the Deliver of Mental Health Services

Friday April 26th, 2019

With Dr. Lester Love

Soul Food – African American Health: An Integrative Recipe for Creating Equal Opportunities for Health

Friday May 31st, 2019

Dr. Shadi Doroudgar

Psychiatric Medication Use in the African American Population

Monday June 10th

With Dr. Albert Mensah

Healthcare Re-envisioned" The MIS-labeling of Our Children and Targeted Nutrient Therapy"

**FRIDAY FEBRUARY
22ND, 2019**

**TUESDAY MARCH
26TH, 2019
Dr. Josepha
Campinha-Bacote**

**FRIDAY APRIL 26TH,
2019
Dr. Lester Love**

**FRIDAY MAY 31ST,
2019
Dr. Shadi Doroudgar**

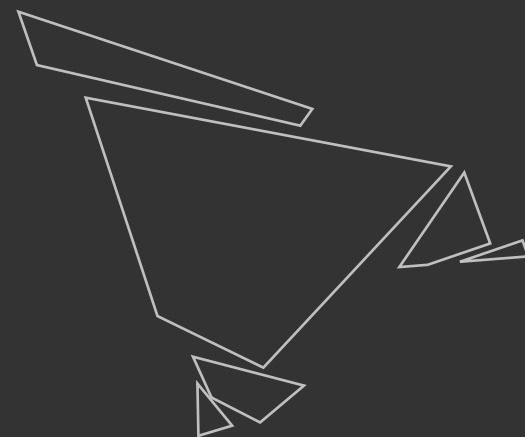
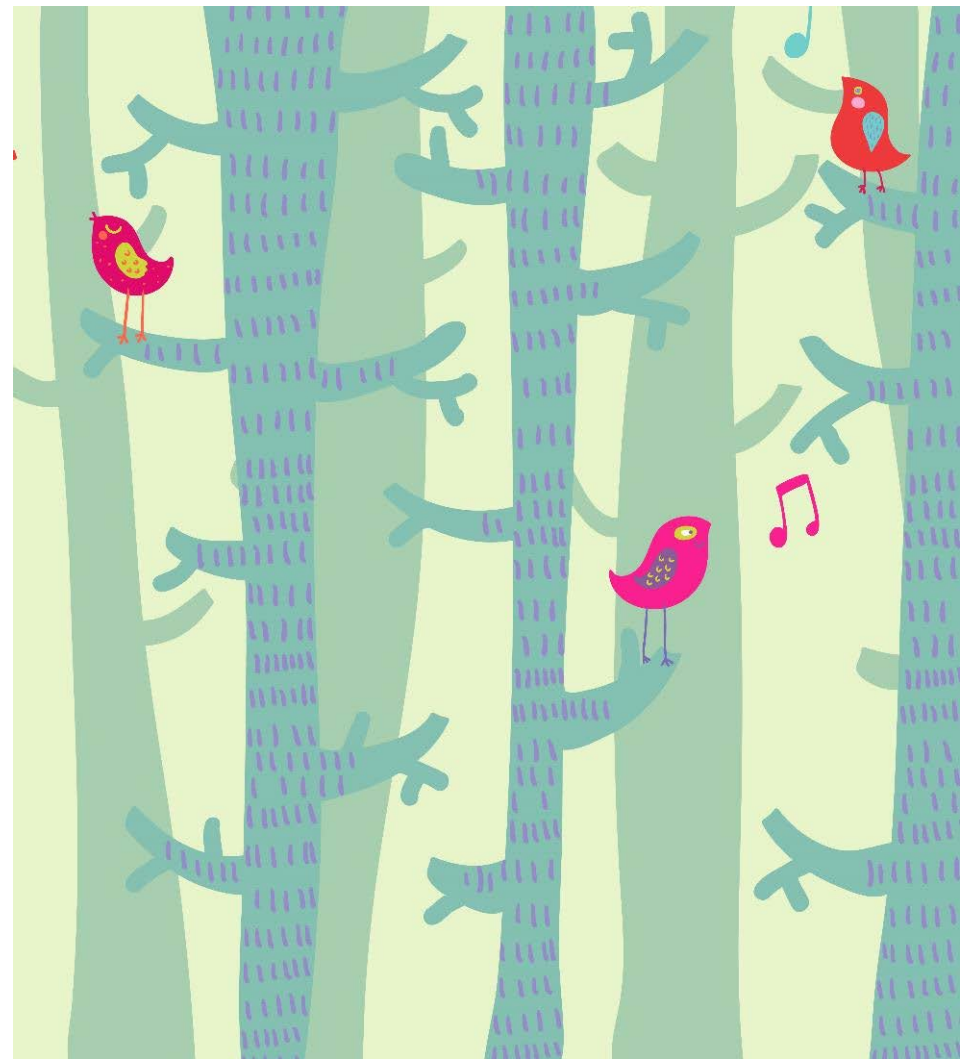
**FRIDAY JUNE 7th, 2019
Dr. Albert Mensah**

PRESENTED BY:



aata.pathwaystowellness.net

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Pre-Survey

When finished, submit your answers to:

The Speakers



Roberta Sanders

BSN, LMSW



Dr. Lester Love

MD



Josie Campinha-Bacote

PhD, MAR, PMHCNS-BC, CTN-A,
FAAN



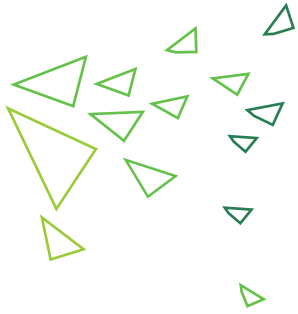
Shadi Doroudgar

Pharm.D., Aph, BCPS, BCGP,
BCPP



DJ Wells

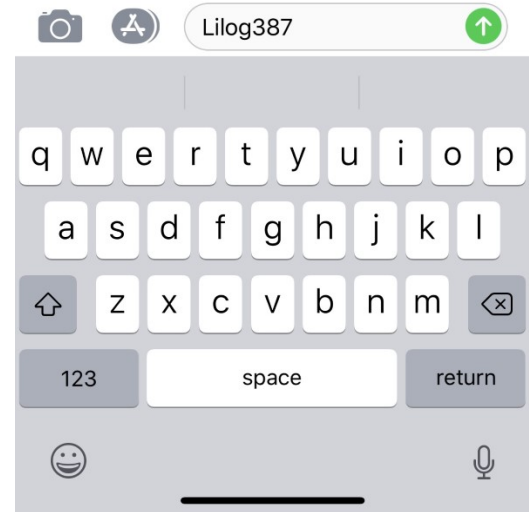
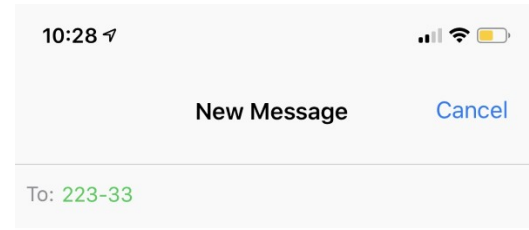
Executive Director
Mensah Research Institute



Polling participation

Create a New Text message to:
22333

In the message, write: Lilog387



Who We Service in Alameda County



National Landscape

More than 50% of African American men with severe depression or mood disorders do not receive treatment (U.S. Department of Health & Human Services)

Nationally, 63% of African Americans view depression as a personal weakness (Mental Health America Survey)

Co-occurring diagnosis and “self-medication” affect 70% of all BHCS consumers (BHCS System Data)

African Americans are disproportionately prescribed older generation of antidepressants/antipsychotics with high side effects (UC Davis Center for Reducing Disparities)

Fewer than 4% of social workers and 2% of psychologists/psychiatrists in U.S. are African American (National Association of Black Social Workers)

Source: Gigi R. Crowder, LE, Alameda County BHCS and Founder of Black Minds Matter 2! California Institute for Behavioral Health Solutions conference, September 24, 2015. Access at Source: https://www.cibhs.org/sites/main/files/file-attachments/black_minds_matter_2_webinar_ppt_1_slide_pp_092415.pdf

National Statistics

About one in five Americans struggle with a mental illness in any given year, regardless of their race.

African Americans are 20% more likely to have serious psychological distress than Whites are

Depression is one of the most common mental health problems in the United States, affecting more than 17 million people each year.

About 7% of Americans experience serious depression each year.

African Americans' depressive occurrences are more disabling, persistent, and resistant to treatment than those experienced by Whites.

Suicide is the third leading cause of death among African Americans ages 15 to 24.

African American men are four times more likely to die by suicide than African American women are.

Less than half of all Americans with a mental disorder get the treatment that they need. But the proportion of African Americans who need mental health treatment and get it is only half that of Whites.

Source: National Institute on Mental Health and Health Disparities. Date of material was unavailable. Access at https://www.nimhd.nih.gov/docs/byomm_factsheet02.pdf

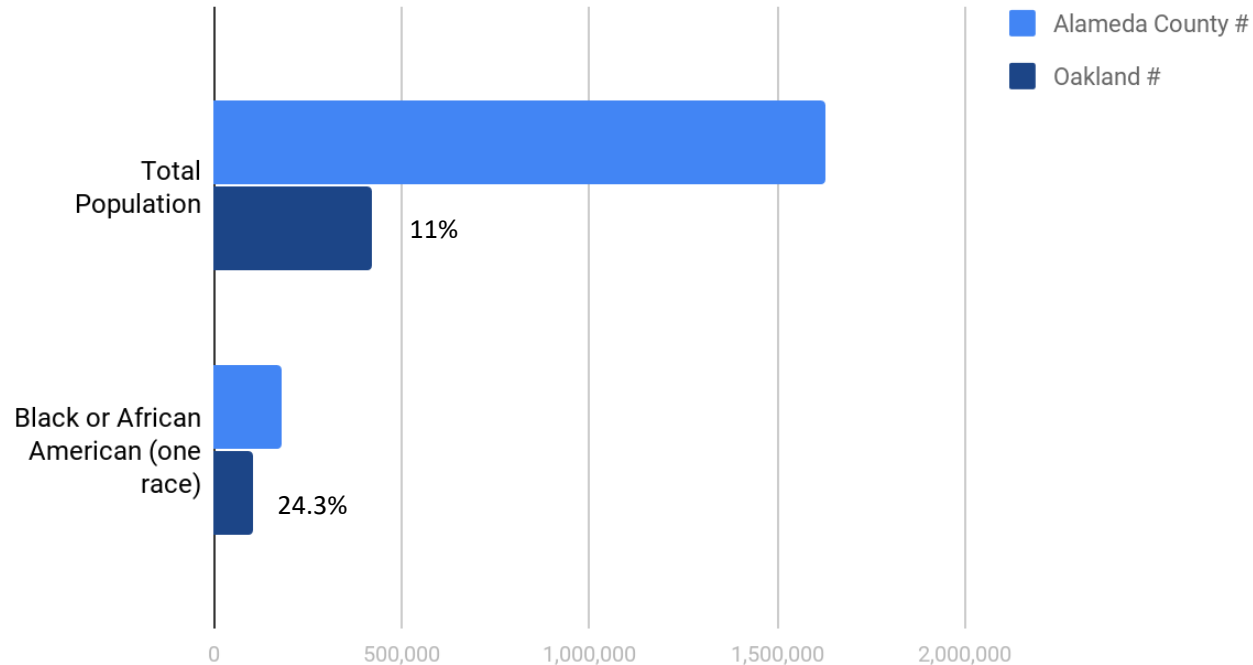
National Statistics



Source: “Black and African American Communities and Mental Health,” Mental Health America. Access at <http://www.mentalhealthamerica.net/african-american-mental-health>

African American Population Count

Population



Source: ACS DEMOGRAPHIC AND HOUSING ESTIMATES, 2013-2017 American Community Survey 5-Year Estimates, U.S. Census Bureau. (see attachment)



Thank you!

Please fill out the Post-Survey